



Health and Healing after Traumatic Brain Injury: Understanding the Power of Family, Friends, Community, and Other Support Systems (Disability Insights and Issues)

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Health and Healing after Traumatic Brain Injury: Understanding the Power of Family, Friends, Community, and Other Support Systems stresses the importance of an integrated and systems approach to healing. This book offers a unique combination of practitioner perspectives on what works for individual patients, consumer stories and learned insights over time, as well as researcher insights from innovative programs. It provides a holistic account of the important factors in living with a brain injury that will inform and benefit health practitioners and policy makers as well as people with brain injuries and their family members and friends.

The chapters explore the current best evidence and contemporary views on healing that draw on optimism, aspirational living, and meaningful partnerships. The authors focus on the emergent area of the salutogenic experience of injury—how brain injury changes and shapes lives in positive ways—and on the variables within individuals and their environments that provide a supportive influence in long-term healing.

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