



Network Therapy for Alcohol and Drug Abuse

Marc Galanter MD

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Designed for clinical utility, this volume presents an effective approach to engaging addicted people in treatment and helping them maintain abstinence. Well adapted to an office treatment setting and to 12-Step participation, network therapy utilizes family and peer support in conjunction with individual treatment. The book outlines a comprehensive model of addiction, describes how network therapy works, and provides detailed instructions for practice. Clinicians learn to work collaboratively with patients and network members to establish cohesive therapeutic bonds, dispel the stigma of addiction, and help avoid the pitfalls of denial and relapse to substance use. This expanded edition includes empirical validation from research supported by the National Institute on Drug Abuse; guidelines for conducting network therapy training, including role-play exercises for students; and reproducible patient education handouts.

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