

## Damage Control: Women on the Therapists, Beauticians, and Trainers Who Navigate Their Bodies



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Traditionally, women share their secrets with their hairdressers. But what about their manicurists, masseurs, chi gong teachers, and tattoo artists? In *Damage Control*, women wax poetic about the experts and gurus who help them love themselves, sharing stories of everything from friendships born in the make-up chair to the utter dismay of a truly horrible haircut.

Minnie Driver finally meets a Frenchman who understands her hair . . . and tries to teach her not to hate it.

Marian Keyes remembers the blow-dry that pushed her over the edge.

Francesca Lia Block tells the ugly story of the plastic surgeon who promised to make her beautiful.

Rose McGowan explains why it's harder to be depressed when you're glamorous . . . and shows how it takes a village to transform from mere mortal to movie star.

Witty and wise, *Damage Control* is an intimate, sometimes dark, look at our experiences with the professionals who pluck, prod, and pamper every inch of our bodies—and a reminder why we surrender ourselves to their (hopefully) very capable hands.

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