



Swim: Why We Love the Water

Lynn Sherr

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Swim is a celebration of swimming and the effect it has on our lives. It's an inquiry into why we swim—the lure, the hold, the timeless magic of being in the water. It's a look at how swimming has changed over the millennia, how this ancient activity is becoming more social than solitary today. It's about our relationship with the water, with our fishy forebearers, and with the costumes that we wear. You'll even find a few songs to sing when you push out those next laps.

Swimming enthusiast Lynn Sherr explores every aspect of the sport, from the biology of swimming to the fame of Esther Williams; from turquoise pools and wild water to the training of Olympians; and she reveals the secret of buoyancy so that anyone can avoid the example of the English poet Percy Bysshe Shelley, who lamented, “Why can’t I swim, it seems so very easy?” When his friend, the biographer Edward John Trelawny, said, “because you think you can’t,” Shelley plunged into Italy’s Arno River and dropped like a rock. With *Swim*, you can avoid that happening to you.

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The reason why? Because this Swim: Why We Love the Water is an unordinary book that the inside of the guide waiting for you to snap this but latter it will surprise you with the secret that inside. Reading this book beside it was fantastic author who write the book in such wonderful way makes the content inside easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this nowadays or you going to regret it. This amazing book will give you a lot of benefits than the other book have got such as help improving your expertise and your critical thinking method. So , still want to postpone having that book? If I were being you I will go to the book store hurriedly.

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