



# Clinical Handbook of Anxiety Disorders in Children and Adolescents

*Andrew Eisen, Charles E. Schaefer, Christopher A. Kearney*

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**Clinical Handbook of Anxiety Disorders in Children and Adolescents** Andrew Eisen, Charles E. Schaefer, Christopher A. Kearney

This text examines anxiety-related disorders of childhood. It provides mental health guidelines for treating childhood anxiety disorders. Innovative approaches are presented regarding prescriptive treatment strategies, group in interventions and the role of family members in treatment.

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