



# Breathing Under Water: Spirituality and the Twelve Steps

*Richard Rohr O.F.M.*

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## **Breathing Under Water: Spirituality and the Twelve Steps** Richard Rohr O.F.M.

We are all addicted in some way. When we learn to identify our addiction, embrace our brokenness, and surrender to God, we begin to bring healing to ourselves and our world. In *Breathing Under Water*, Richard Rohr shows how the gospel principles in the Twelve Steps can free anyone from any addiction—from an obvious dependence on alcohol or drugs to the more common but less visible addiction that we all have to sin.

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