



# O's Little Guide to Finding Your True Purpose (O's Little Books/Guides)

*O The Oprah Magazine*

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**"Regardless of how good you feel, you can live more vibrantly. That, as I see it, is one of the purposes of life: to continuously get better, to constantly move forward. How far can you go? How far can you grow? What will it take for you to fulfill your potential?" - Oprah Winfrey**

An engaging mix of inspiring advice and real-life stories of self-discovery, *O's Little Guide to Finding Your True Purpose* will captivate anyone who's ever been beckoned by a dream.

Featuring some of the best work to have appeared in *O, The Oprah Magazine*, this rousing collection is all about helping readers to hear and heed their calling. From the beginning, *O* has been a catalyst for women seeking to become who they're meant to be. *O's Little Guide to Finding Your True Purpose* continues this tradition by combining practical wisdom and relatable tales of trial, error, and triumph. Contributors include Edwidge Danticat on getting past the need to please; Martha Beck on charting your own course; Patti Smith on staying true to yourself; Elizabeth Gilbert on getting unstuck; Robin Black on thriving as a late bloomer; and many more. Whether you're still searching for your passion or summoning the courage to pursue it, this one-of-a-kind collection will set you on your way.

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