



# Believe In Yourself: You're Better Than You Think

*Dora Albert*

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## **Believe In Yourself: You're Better Than You Think** Dora Albert

Fact: Most of use achieve only a small fraction of what we could, if only we had the proper self-confidence. We are held back by terrifying feelings of inferiority. The difference between happiness and unhappiness often is merely the ability to measure oneself honestly and optimistically, instead of destructively and pessimistically. This unique book will take you on a journey to help you understand how your own wrongly-guided thinking is undermining your happiness. By the same token, it will also show you how to fashion your thoughts to reclaim your happiness and foster a feeling of well-being within you. When you learn from the famous authorities the author interviewed how much better you are than you have ever realized, you will go on to find the happiness and self-completion that come to everyone who discovers, like King David, how fearfully and wonderfully he or she is made. There are Three Golden Keys by which you can start building yourself into the kind of person you want to be. Every step you will be guided to take within this manual is related to one of these. They are: Thought, Writing and Action. With these three keys, you can channel your inferiority feelings in the right direction. In this way, you can change yourself into the kind of person you want to be; you can get almost anything you want out of life. With them you can be a creative thinker, a social lion, a brilliant business success. You can start using the keys today?right this minute!

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