



# **Learning from My Mother's Voice: Family Legend and the Chinese American Experience (Multicultural Foundations of Psychology and Counseling)**

*Jean Lau Chin*

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## **Learning from My Mother's Voice: Family Legend and the Chinese American Experience (Multicultural Foundations of Psychology and Counseling)** Jean Lau Chin

A compelling saga of mothers and daughters, survival and striving, women, family, and culture that will resonate with all Americans who have immigrant roots. This fascinating book takes a new and different look at the immigrant experience of Asian Americans. Through the voice of her Chinese mother, the author examines perennial themes of separation, loss, guilt, and bicultural identity in the lives of immigrant families. Grounded in a historical context that spans events of more than a century - World War II, McCarthyism, Civil Rights, the Women's movement - this volume: Uses oral history to show how families rely upon myth and legend as they adjust to a new culture. Illustrates how strong cultural and intergenerational bonds can both support and oppress Chinese American families; Uses Asian mythology and symbols to understand the psyche of Chinese Americans and their immigration experience, illustrating the contrasting world views of Asian and Western culture. Provides strategies for coping with the immigration experience for use by counselors and other professionals.

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