

Star Child: A Mother's Journey Through Grief

Jennifer Martin



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...A day that began with a morning rainbow was coming to an end. But another journey had already begun. It would lead me down a passageway to the belly of my soul, through meandering corridors illuminated by nothing but tears – a labyrinth of darkened chambered rooms where pieces of my shattered heart and soul now lay.

At age 4, author Jennifer J. Martin's son, Kelly, was diagnosed with a rare inherited metabolic disorder, mucopolysaccharidosis, or MPS, which caused multiple complications throughout his short life. He lived until the age of 23, when he died of a sudden heart attack.

Star Child: A Mother's Journey Through Grief is a deeply poignant look at Martin's bittersweet healing journey following her son's death. Written from the soul of a bereaved parent and for the spirits of other grieving parents, *Star Child* proclaims death as a harsh mistress and grief as the dark pain in a loved one's heart. Divided into three sections—"Entering the Labyrinth of Grief," "Traversing the Darkness" and "Emerging from the Other Side"—Martin shares her personal story through journal entries, poems and thoughts.

Martin's heartfelt expressions in *Star Child* celebrate Kelly's brief life and give grieving parents solace and support, allowing healing to finally begin.

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