



# **Dangerous Kids: Boys Town's Approach for Helping Caregivers Treat Aggressive Andviolent Youth**

*Michael Sterba, Jerry Davis*

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## **Dangerous Kids: Boys Town's Approach for Helping Caregivers Treat Aggressive Andviolent Youth**

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An in-depth examination of youth who rely on manipulative, aggressive, and violent behaviors.

Do you know how to respond to youth who, failing to get exactly what they want when they want it, become desperate and lash out? Denied instant gratification, these youth quickly become frustrated and angry. Unable to cope, they vent their hostility through violent behaviors that threaten themselves and others.

For professional caregivers working in foster homes, schools, treatment centers, and other youth settings, the ability to teach violent children problem-solving and self-control skills is critical. Using real-life scenarios, Dangerous Kids spells out an effective, systematic approach to caring for and treating aggressive youth. The techniques described enable professionals to reach out and effectively communicate to out-of-control youth. These techniques have proven successful in reducing the frequency and intensity of violent behaviors and in keeping caregivers calm in the midst of chaos.

Dangerous Kids offer additional techniques, including how to integrate into Treatment Plans social skills instruction, self-control strategies, time-out options, and aggression logs. The book also features rules and guidelines on 15 youth rights that promote safe environments for children in treatment.

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