



Exercise Physiology: Integrating Theory and Application

William J. Kraemer Ph.D., Steven J. Fleck PhD, Michael R. Deschenes PhD

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The Second Edition includes new video clips, a fresh new design, and enhanced online teaching and learning resources to save you time and help your students succeed.

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- A Test bank of chapter-specific questions saves you time in building quizzes and exams
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- Answers to Review Questions speed student assessment.

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