



## Man's Search for Himself

*Rollo May*

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# Man's Search for Himself

*Rollo May*

**Man's Search for Himself** Rollo May

**"Analyzes life as we are living it, and the analysis is truthful and profound."--*New York Times***

Loneliness, boredom, emptiness: These are the complaints that Rollo May encountered over and over from his patients. In response, he probes the hidden layers of personality to reveal the core of man's integration--a basic and inborn sense of value. *Man's Search for Himself* is an illuminating view of our predicament in an age of overwhelming anxieties and gives guidance on how to choose, judge, and act during such times.

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