



# Ordinary People Can Achieve the Extraordinary

*David DeFord*

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## **Ordinary People Can Achieve the Extraordinary** David DeFord

Do you set New Year's resolutions every year? Do you make the same resolutions every year, but find yourself farther away from accomplishing them each time?

You aren't alone.

What are your usual resolutions?

Lose weight

Stop smoking

Stop swearing

Floss your teeth

Read more and watch less television

Stay on a budget

Exercise

David DeFord has written the book you need to accomplish all that you seek in your life.

Ordinary People Can Achieve the Extraordinary-A Practical Guide to Goal Achievement will help you bust past the inevitable obstacles. In the past, you became discouraged and quit chasing your dreams.

Now, you can press past these roadblocks and reach your chosen destinations.

Learn:

- \* How to finally take control of your future
- \* How to build foundations under your dreams
- \* How you no longer need to "settle" for what you have
- \* Why living the "TV Existence" kills your dreams, and how to break free
- \* The best way to select your goals
- \* How to identify your "Great One Thing"
- \* How to use all of your sense to keep enthused
- \* How to become the success you seek
- \* How to deserve it
- \* Some simple record-keeping techniques to measure your progress
- \* How to talk yourself into overcoming the temptation to backslide
- \* How keeping a journal will help you succeed
- \* Resources that can help you keep your determination high
- \* Free e-zines to instruct and inspire you
- \* Discussion groups and forums that can help you
- \* How giving back to your community helps you deserve abundance

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Playing with family within a park, coming to see the coastal world or hanging out with buddies is thing that usually you could have done when you have spare time, after that why you don't try issue that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Ordinary People Can Achieve the Extraordinary, you could enjoy both. It is fine combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout men. What? Still don't obtain it, oh come on its identified as reading friends.

#### **Patsy Locke:**

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