



# Using Environments to Enable Occupational Performance

*Lori Letts PhD OT Reg. (Ont.), Patty Rigby MHS Sc OT Reg. (Ont.), Debra Stewart MSc OT(C)*

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*Using Environments to Enable Occupational Performance* is a unique new text that specifically focuses on how environments (physical, social, cultural, institutional) can be used by occupational therapists to enable occupational performance with all types of clients.

This informative text provides a framework to think about how environments fit into occupational therapy theory and practice. Examples of different approaches to occupational therapy intervention involving environments are demonstrated in a comprehensive format. Community settings, institutions, mental health, pediatrics, hand rehabilitation, health promotion, and gerontology are just a few of the areas covered inside.

Each chapter contains "real world" scenarios from occupational therapists about how the environment can be used to optimize occupational performance. Review questions are also included that ask the reader to apply the learned knowledge in a variety of settings. These features, along with the shared expertise of contributing authors, are beneficial to both students and clinicians in reinforcing the theory-practice link.

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