

Manual Therapy: Nags, Snags, MWMs, etc - 6th Edition (853-6)

Brian R Mulligan

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This new 6th edition text contains new & revised information including Mobilisations with Movement (MWMs) for the shoulder girdle. When applied correctly, they can significantly reduce joint pain and increase movement. They're also highly effective treatments for patients with pain or stiffness of Cx 5/6 and Cx 6/7 origin. This book is a must for physical therapists working in the musculoskeletal field. Written by one of the world's foremost experts of Manual Therapy, Brian Mulligan. Illustrated. Softcover, 132 pages.



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