



The Dreamer and the Fantasy Relationship

Natalie Lue

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In love before you've even gone on that first date with somebody you met on dating site? Keep letting your assumptions and projections run away with you? In this modern age of texts, email, Facebook, online dating, and casual relationships, it's never been so easy to have a fantasy relationship. An increasing number of people are satisfied with sprinklings of attention and interaction, because they can have the illusion of being loved, cared for, and in control, while also avoiding commitment, intimacy, and 'full-on' rejection. **The Dreamer and the Fantasy Relationship** explains how fantasy relationships work, why they're so attractive, and the types of fantasy relationship and people that you're likely to be involved with. A companion book to *Mr Unavailable and the Fallback Girl*, the no holds barred guide to understanding emotional unavailability, author Natalie of popular relationship and self-esteem blog *Baggage Reclaim*, gets to the heart of the issue so that you can reclaim your power. Packed with practical tips and tools for breaking the habit, and tackling issues such as fear of abandonment, rejection, criticism, and conflict, Natalie's empowering and often humorous take on fantasy relationships will help you to take action in your present and find happiness and increased sense of self in reality.

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