



Cognitive-Behavioral Therapy of Schizophrenia

David G. Kingdon MD, Douglas Turkington MD

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Now available in paper for the first time, this book details the practical application of cognitive-behavioral therapy to the pervasive disorder of schizophrenia. Presented are research-supported ways to help patients alleviate the impact of disabling irrational beliefs and improve their daily lives. The interventions described are designed to complement other treatments for schizophrenia, including medication, rehabilitation, and family therapies. Rich clinical examples enhance the practical utility of the text.

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