



# Now You're Thinking!: Change Your Thinking...Transform Your Life

*Judy Chartrand, Stewart Emery, Russ Hall, Heather Ishikawa, John Maketa*

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If you can change the way you think, you can change the world. That's the theme of Now You're Thinking! as it tells the story of how a 2-year old Iraqi girl's life was saved through determination, courage, and critical thinking. The book begins with the heroic story of how a Marine battalion beat the odds to save this little girl, and ends with a model of critical thinking that will help you STOP and THINK to recognize your emotions, evaluate arguments, and draw conclusions to make better life decisions. This book also provides the opportunity for you to take the My Thinking Styles assessment for free to learn your natural thinking preferences, strengths, and biases. This short read will give you a real-life example of great thinking plus tons of resources to guide your further interest in effective thinking.

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