



Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know

Mary J. Shomon

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Is hypothyroidism your problem?

For millions of Americans, fatigue, weight gain, hair loss, depression, and other symptoms often go undiagnosed and untreated. Endured by weary patients and ignored by doctors, common warning signs of hypothyroidism are often attributed to depression, stress, age, or simply dismissed as "all in the patient's head." Even diagnosed, hypothyroidism is frequently treated improperly, preventing countless numbers of people from feeling and living well.

This book, exhaustively researched by a professional writer and hypothyroidism patient, is written for patients, their families, their doctors, and the countless number of people with undiagnosed or undertreated symptoms of the disease---frustrated, as the author was, by the lack of information on the subject.

Living Well With Hypothyroidism includes dozens of compelling, first-person accounts from people who have learned to triumph over the disease and thoroughly answers such questions as:

- What is hypothyroidism?
- What are the warning signs, symptoms and risk factors?
- Why is getting diagnosed often a challenge and how can you overcome that obstacle?
- What treatments are available (including those your doctor hasn't told you about)?
- Why is the most frequently prescribed treatment often insufficient?
- What are the options and benefits of alternative therapies?
- What effects does hypothyroidism have on infertility and pregnancy?
- How do you recognize hypothyroidism in infants and children?
- What is the outlook for future treatment of hypothyroidism?
- And *Much More!*

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Anthony Hubbard:

The book Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know will bring that you the new experience of reading a new book. The author style to spell out the idea is very unique. When you try to find new book you just read, this book very acceptable to you. The book Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know is much recommended to you to see. You can also get the e-book in the official web site, so you can more readily to read the book.

Marquita Oswald:

The book Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know has a lot of information on it. So when you make sure to read this book you can get a lot of help. The book was published by the very famous author. The author makes some research previous to write this book. This particular book very easy to read you can find the point easily after scanning this book.

Hattie Robb:

In this era which is the greater particular person or who has ability to do something more are more treasured than other. Do you want to become among it? It is just simple method to have that. What you have to do is just spending your time almost no but quite enough to get a look at some books. On the list of books in the top list in your reading list is definitely Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You... That You Need to Know. This book that is certainly qualified as The Hungry Mountains can get you closer in getting precious person. By looking up and review this publication you can get many advantages.

Judy Marinez:

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